



Singapore Life Saving Society

(A National Member of the Royal Life Saving Society – Commonwealth and International Life Saving Federation)

National Team and Selection Policy

for

Lifesaving World Championships 2024
Singapore National Team

1. Key Definitions

Exco	Executive Committee of The Singapore Life Saving Society
ILS	International Life Saving Federation
LWC2024	Lifesaving World Championships 2024
SERC	Simulated Emergency Response Competition
SLSS	The Singapore Life Saving Society
SNOC	Singapore National Olympic Council

2. Selection Policy

The purpose of this Selection Policy is to provide a clear guideline around how the National Lifesaving Team will be selected to represent Singapore and Singapore Life Saving Society for the Lifesaving World Championships 2024 – National Teams Championships. The selected team will compete in the National Teams Open category. There will be no National Youth team selected for LWC2024. The LWC2024 National Teams Championships will be held at Gold Coast, Australia from 27 August to 1 September 2024.

2.1 Selection Criteria

To be eligible for consideration for selection, candidates shall:

- (a) Be a Singapore citizen.
- (b) Be in good standing with SLSS as applicable.
- (c) Be a current individual member of SLSS or a member of a current SLSS Affiliate/Associate member organisation.
- (d) Meet all relevant mandatory prerequisites. Approval of non-SLSS equivalent lifesaving awards shall be at the sole discretion of the SLSS Examinations Panel.
- (e) Declare any current/potential injury or condition which may impair, inhibit or prevent the athlete's performance.
- (f) If selected (or otherwise requested), attend all relevant trainings, workshops and events associated with their selection as per the Team Agreement. Failure to do so without reasonable cause may result in their removal from the Team. Applications for reasonable cause must be submitted to the Team Manager and Team Coach for consideration.
- (g) Complete and pass the relevant SLSS International Lifesaving award as required by SLSS.
- (h) Agree to the National Team and Selection Policy, adhere to the relevant Code of Conduct and sign the Team Agreement, if selected.
- (i) Meet such other requirements as SLSS reasonably require from time to time.

2.2 Team Manager Criteria

Number to be selected:	1 person
Mandatory prerequisites:	<ul style="list-style-type: none"> • SLSS Lifesaving Teacher award • Able to commit to all National team selection trials and trainings, as well as travel with the National team to and back for the LWC2024 competition.
Preferred experience:	<ul style="list-style-type: none"> • Registered as Team Manager or Team Coach for a team that competed in at least one of the relevant SLSS endorsed competitions: <ul style="list-style-type: none"> • NUS Invitational Lifesaving Championships • SLSS National Lifesaving Championships • Experience managing and/or coaching a team for lifesaving sport competitions. International experience will be favourably considered. • Ability to secure training venue(s) and equipment for National team trainings and selection trials will be favourably considered.
Notes:	The Team Manager remains responsible to the SLSS Sports Commission Chair for the entire period of his/her appointment.

2.3 Team Coach Criteria

Number to be selected:	Up to 1 person
Mandatory prerequisites:	<ul style="list-style-type: none"> • SLSS Lifesaving Teacher award. • Current Standard First Aid and CPR or higher award. • Able to commit to all National team selection trials and trainings, as well as travel with the National team to and back for the LWC2024 competition.
Preferred experience:	<ul style="list-style-type: none"> • SLSS Lifesaving Sports Coach award preferred. • Registered Coach under the National Registry of Coaches. • Registered as Team Coach for a team that competed in at least one of the relevant SLSS endorsed competitions: <ul style="list-style-type: none"> • NUS Invitational Lifesaving Championships • SLSS National Lifesaving Championships • Experience coaching a team for lifesaving sport competitions. International experience will be favourably considered. • Coaching expertise in both Pool and Ocean/Beach will be favourably considered.
Notes:	The Team Coach remains responsible to the SLSS Sports Commission Chair for the entire period of his/her appointment.

2.4 Athletes Criteria

Number to be selected:	Up to 5 males and 5 females
Mandatory prerequisites:	<ul style="list-style-type: none"> • SLSS Bronze Medallion and SLSS Bronze Cross awards. • Competed in and are placed overall top 10 individuals in their respective categories (Division A and Division B only) for the latest relevant SLSS endorsed competitions: <ul style="list-style-type: none"> • NUS Invitational Lifesaving Championships 2023 • SLSS National Lifesaving Championships 2023 (Still Water Competition) • SLSS National Lifesaving Championships 2023 (Open Water Competition) Or, represented Singapore in Lifesaving Sports in relevant ILS endorsed competitions between 2014-2023. • Able to commit to all National team selection trials and trainings, as well as travel with the National team to and back for the LWC2024 competition.
Notes:	In addition to the main team, up to 2 male and 2 female reserve athletes may be selected at the sole discretion of the Selection Panel. Reserve athletes are non-travelling members of the team and shall not receive any of the privileges of the National Team, including but not limited to, subsidies, uniforms and titles. Reserve athletes are required to attend all trainings until the team departs for LWC2024, and may be called up to the main team if and when required.

2.5 Technical Official Criteria

Number to be selected:	Up to 1 technical official subsidised
Mandatory prerequisites:	<ul style="list-style-type: none"> • SLSS Lifesaving Sports Technical Official Level 1 or higher award. • Actively officiating or volunteering in SLSS Lifesaving Sports for 2022-2023. • Appointed Technical Official by the LWC2024 Organising Committee.
Notes:	Up to 1 technical official receive subsidies. SLSS may at their sole discretion, endorse additional non-subsidised technical officials for appointment at LWC2024, provided they meet the mandatory prerequisites.

2.6 Selection Process

2.6.1 National Team Selection Panel

- (a) The Selection Panel shall be an independent and neutral body that makes executive decisions on all National Team selection matters.
- (b) The current Chairperson of the SLSS Sports Commission shall Chair the Selection Panel. The SLSS Executive Committee (Exco) shall appoint in its sole discretion, up to 4 other members to the Selection Panel, on the basis of previous national or international experience and involvement in lifesaving sports. The total number of members in the Selection Panel shall be odd. The Selection Panel is responsible to the SLSS President and shall be assisted by the SLSS Sports Commission as well as relevant SLSS staff members.
- (c) The Chairperson of the Selection Panel under the direction of the SLSS President as appropriate shall be the Singapore National Lifesaving Team spokesperson on team selection matters.
- (d) The appointed Team Manager and Team Coach will sit with the Selection Panel. This position is an advisory role only and allows scope to discuss athlete suitability for a Team or share view on the potential athlete point accumulation capacity and team combinations via the use of an event matrix. These positions do not have voting rights.
- (e) The period of appointment for the Selection Panel and the Convenor of the Selection Panel shall be for the duration of the LWC2024 Campaign.
- (f) Where a member of the Selection Panel has a conflict of interest in relation to one or more athletes that has nominated for consideration for selection, the selector must declare that interest and stand aside from the process. The Exco has the right to appoint a proxy selector.
- (g) The Selection Panel reserves the right to remove appointed/selected persons who, including but not limited to, are not performing up to reasonable standards as required of the National Team, breach the National Team and Selection Policy or the Team Agreement.
- (h) Where there are disciplinary matters or grievances related to the National team, members of the Selection Panel shall also form the Disciplinary Panel to hear such matters and subsequently recommend suitable further action to be taken, if any, to the Exco. If there is any conflict of interest, the affected member shall stand aside from the process and Exco has the right to appoint a suitable replacement member in the Disciplinary Panel.

2.6.2 Team Manager and Team Coach Selection

- (a) Applicants who meet the mandatory prerequisites are invited to apply for the posts of Team Manager and/or Team Coach via the application form provided by the Selection Panel. No other methods of application shall be accepted. The Selection Panel, at their sole discretion, may conduct interview(s) and/or other means to help select the most suitable candidate for each post. Appointments for the posts of Team Manager and Team Coach will be made by the Selection Panel.
- (b) Successful applicants will be notified of their appointments by the Selection Panel.

2.6.3 Athletes Selection

- (a) Shortlisted candidates shall be the top 10 individuals in terms of overall points scored in their respective categories (Division A Men/Women and Division B Men/Women) for each of the latest relevant SLSS endorsed competitions:
- NUS Invitational Lifesaving Championships 2023
 - SLSS National Lifesaving Championships 2023 (Still Water Competition)
 - SLSS National Lifesaving Championships 2023 (Open Water Competition)
- (b) Individual overall point score for shortlisting purposes shall be computed using:
- 100% of points scored in individual events
 - 50% of points scored in 2 person events
 - 33% of points scored in 3 person events
 - 25% of points scored in 4 person events
- (c) In the event of a tie for 10th place for top 10 individuals of each competition, the tied individuals shall be shortlisted.
- (d) Results from Youth and Masters categories are not considered for selection shortlisting purposes. Results from competitions not listed in 2.6.3(a) are not considered for selection shortlisting purposes.
- (e) Additionally, athletes that represented Singapore in Lifesaving Sports in relevant ILS endorsed competitions between 2014-2023 shall also be shortlisted.
- (f) Shortlisted candidates shall meet all mandatory prerequisites before the start of the selection trials.
- (g) Only shortlisted candidates shall be invited to attend the selection trials. Non-shortlisted candidates are not to participate in the selection trials. The selection trials shall consist of both Pool and Ocean events. There will be no protest or appeals during the selection trials. The Selection Panel may at their discretion include SERC component(s) in the selection trials, and prior notice before the start of the trials shall be given to all shortlisted candidates if this is included.
- (h) The selection trials are to be conducted by the appointed Team Manager and Team Coach, under the supervision and approval of the Selection Panel. The Team Manager and Team Coach shall propose their method of conducting the trials for prior approval by the Selection Panel before the start of the trials. Selection trial event(s) that are not supervised and approved by the Selection Panel shall not be considered for team selection purposes.
- (i) The scoring system of the selection trials shall be proposed by the Team Manager and Team Coach for approval by the Selection Panel and made known to all shortlisted candidates before the start of the trials.
- (j) The overall top (up to) 5 male and top (up to) 5 female athletes of the selection trials shall be called up to the National team. If any of the selected athletes decline to join the National team, the Selection Panel may, at their sole discretion, extend the selection call up to the next lower placed athlete. Reserve athletes shall be the next lower placed athlete from the last selected member of the National team.

- (k) The selection trials shall be conducted such that the National Team is selected at least 4 months before the first day of LWC2024 National Teams Championships (27 August 2024).

2.6.4 Technical Official Selection

- (a) Application and appointment for Technical Official roles in LWC2024 will be by the LWC2024 Organising Committee. All applications for technical officials to LWC2024 Organising Committee shall be endorsed by SLSS before appointment. Officials who do not meet the mandatory prerequisites will not be endorsed for appointment.
- (b) The Selection Panel may, at their sole discretion, recommend up to 1 technical official to receive subsidies. The selected official shall be notified of the selection and amount of subsidy. The subsidy for technical official shall be separate from the National Team budget.

3. National Team Policy

Appointment and admission to the National Team is a privilege and honour and should be treated as such. The National Team Policy serves as a framework to manage and maintain the integrity, prestige and respectability of the National Lifesaving Team.

3.1 Team Budget and Subsidies

The Team budget shall be proposed by the SLSS Sports Commission and approved by SLSS Exco. The available team budget shall be made known to the Selection Panel and the appointed Team Manager and Team Coach. The trip subsidies available to each athlete and the approximate cost of the trip for each athlete shall be made known to all shortlisted candidates before the selection trials. Use of the Team budget shall be evenly distributed between all team members, regardless of their role in the team. The Team budget shall not be used in any way for non-selected team members.

The Team budget shall only be used for expenses related to training or competition:

- Flights and travel
- Accommodation up to 3 days before and after the competition period
- Competition registration fees
- Team uniform
- Insurance
- Craft or equipment rental
- Training venue rental
- Exam fees for the required SLSS International Lifesaving award
- Food and groceries that all team members consume, use or benefit from

Use of the Team budget on all other types of expenses will require prior approval by the SLSS Sports Commission. The SLSS Sports Commission reserves the right to reject all use of the Team budget on expenses deemed as non-training or non-competition related. Receipts or other proof of payment and details of the related expense are required for claims from the Budget. The Team Manager shall submit all expense claims on behalf of the entire team.

All selected team members shall pay a deposit to SLSS upon confirmation of selection, the amount of which to be advised by the SLSS Sports Commission. Reimbursement of expenses under the Budget will be done after the Team returns from the trip.

Sponsorships, if any, shall be through Exco and no members of the Team or the Selection Panel may take on sponsorships on behalf of SLSS or the Team. Personal sponsorships, if any, shall be declared to the Selection Panel and Exco before the selection trials.

3.2 Team Uniform

The team uniform shall include, but not limited to, tracksuits, team clothes, swimwear, swim cap and ocean cap. The team uniform design shall be in accordance with relevant current Singapore National Olympic Council (SNOC) guidelines and the National Symbols Act and Regulations. The uniform design shall remain respectful to the Singapore flag and/or other National symbols depicted on the uniform. Any other logos, symbols, wordings or other forms of display not related to Singapore, teamSingapore, SLSS, ILS or LWC2024 shall not be displayed on the uniforms, unless otherwise approved by the SLSS Sports Commission. Team member names are allowed to be shown on uniforms, provided the design is respectful to the spirit of the National Team. All uniform designs shall be approved by the SLSS Sports Commission before production. Reimbursement or claims for non-approved uniform related expenses shall not be entertained. Non-approved uniform are not to be worn or displayed at any time.

3.3 Non-selected Members

Non-selected and non-appointed members of the team, including but not limited to, family members, assistants, supporters and spectators will not receive any of the privileges of the National Team, including but not limited to, subsidies, uniforms and titles. Travel and accommodation expenses for non-selected members are to be paid for by the individual concerned. No expenses are provided for by SLSS. Non-selected members shall not represent Singapore and SLSS in any way. They may not share subsidised expenses with members of the National Team, for example sharing accommodation room with a selected athlete.

3.4 Travel Arrangements

The entire team, including the Team Manager, Team Coach and all selected athletes are to travel to and back from the LWC2024 National Teams Championships together. The entire team is also to stay at the same accommodation during the trip. No member of the team shall travel or stay on their own.

Members of the National Team who are involved in other Championships of LWC2024 such as Masters or Interclubs, or due to other reasons such as being based overseas, are to obtain approval to join/leave the team separately from the Team Manager and the Selection Panel at least 3 calendar months prior to departure from Singapore. The affected team member shall provide in his/her application for approval to join/leave the team separately, details as required by the Team Manager and Selection Panel such as flight/travel and accommodation arrangements and contact person for handing/taking over. The Team Manager and Selection Panel shall consider in their assessment of the application, the safety and welfare of the affected team member and if this action compromises the National Team in any way.

The National Team Manager shall takeover/handover the affected team member from/to the relevant Affiliate/Associate member organisation ("Club") Team Manager in a physical meeting. Virtual meetings are not allowed for taking/handover. The National Team Manager, the Club Team Manager and the affected team member shall jointly sign a taking/handover declaration in the presence of an independent witness. The independent witness shall be appointed by the SLSS Sports Commission prior to the taking/handover and shall be contactable by SLSS for verification.

Team members who are approved to join/leave the team separately shall not receive any subsidies related to travel. They may only join/leave the National Team after proper taking over/handing over by the National Team Manager respectively. They may not use, wear or display any National Team Uniform before taking over or after handing over.

Team members who are **not** approved to join/leave the team separately shall not travel or stay apart from the National Team. Failure to comply with this will result in immediate expulsion from the National Team and withdrawal of all related privileges, including but not limited to returning of all National Team Uniform immediately and withdrawal of all subsidies. The affected team member and the associated Club may face further action at the exclusive discretion of SLSS, which can include automatic exclusion from current or future National Lifesaving Team activity and all SLSS and ILS endorsed competitions and events, as well as fines of not more than S\$5,000 for the team member and not more than S\$10,000 for the associated Club. The affected team member will also not be endorsed by SLSS for participation in other Championships of LWC2024.

Technical Officials are not required to travel or stay with the team due to the difference in nature of their involvement in LWC2024.

3.5 Volunteer Commitment

National Team members at the Lifesaving World Championships have the privilege of a unique experience to compete with fellow lifesavers from around the world while enjoying subsidies and other forms of support. As part of giving back to the Lifesaving and Lifesaving Sports community, National Team members are to volunteer for at least one sharing session as requested by SLSS. Examples of such sharing sessions include clinics, workshops and seminars organised by SLSS.

4. Code of Conduct

This code of conduct applies to all members of the National Team (Athletes, Reserves, Managers, Coaches and Technical Officials) and as appropriate, Parent or Guardian of a Team Member under the age of 18.

4.1 Code of Conduct for Team Manager and Team Coach

- I fully undertake my role as an ambassador and role model for my Affiliate/Associate member organisation, SLSS and Singapore before, during and after any event in which I participate.
- I will uphold the highest standards of integrity and ethics, promoting fair play, honesty, and respect for fellow athletes, coaches, officials and competitors.
- I will conduct myself to the highest possible standards of behaviour at all times.
- I agree to wear SLSS National Team uniform whenever required and at all representative events, including Opening and Closing Ceremonies.
- I will not comment publicly or through social media about any selection decisions before, during or after the Selection process.
- I will respect all decisions made by the Selection Panel and/or the relevant SLSS officers.
- I will attend the National Team training sessions or give due prior notice and good reasons for non-attendance.
- I agree to provide appropriate training and competition programmes to the best of my ability, with the intention of developing talent and delivering optimal performance for the National Team.
- I will be fair and impartial to all National Team members, regardless of their Club affiliation, race, language or religion.
- I agree to safeguard the welfare, physical and mental well-being and safety of all National Team members.
- I will be a 'good sport' and applaud all good play whether by team mates or opponents.
- I agree to be mutually considerate of the physical and mental well-being of fellow team members at all times, particularly with regard to shared accommodation and facilities and the creation of a positive and supportive team spirit.
- I agree to operate within the rules and the spirit of lifesaving sport.
- I agree to observe the Fair Play Code and Code of Conduct for Lifesaving Sport, as included in the ILS Competition Rule Book.
- I agree to respect all competitors, and treat all opponents, as I would like to be treated.
- I agree to display control, respect, dignity, and professionalism to all involved in our sport.
- I agree to respect and never openly or directly or on social media challenge the decisions of Referees and Officials.
- I agree to win with humility – lose with dignity.
- I agree to ensure the team maintains strict compliance with the relevant Anti-Doping regulations at all times, including notification of any Therapeutic Use Exemption (TUE) certificates within required timelines, and any Out- of-Competition Testing processes that may be applied or requested at any time.
- I agree to comply with all applicable Laws and Regulations of the host country and of Singapore.

4.2 Code of Conduct for Athlete

- I fully undertake my role as an ambassador and role model for my Affiliate/Associate member organisation, SLSS and Singapore before, during and after any event in which I participate.
- I will uphold the highest standards of integrity and ethics, promoting fair play, honesty, and respect for fellow athletes, coaches, officials and competitors.
- I will conduct myself to the highest possible standards of behaviour at all times.
- I agree to wear SLSS National Team uniform whenever required and at all representative events, including Opening and Closing Ceremonies.
- I will not comment publicly or through social media about any selection decisions before, during or after the Selection process.
- I will respect all decisions made by the Selection Panel, the Team Manager, Team Coach and/or the relevant SLSS officers.
- I will attend the National Team training sessions or give due prior notice and good reasons for non-attendance.
- I agree to follow all agreed training and competition programmes.
- I will be a 'good sport' and applaud all good play whether by team mates or opponents.
- I agree to be mutually considerate of the physical and mental well-being of fellow team members at all times, particularly with regard to shared accommodation and facilities and the creation of a positive and supportive team spirit.
- I agree to operate within the rules and the spirit of lifesaving sport.
- I agree to observe the Fair Play Code and Code of Conduct for Lifesaving Sport, as included in the ILS Competition Rule Book.
- I agree to respect all competitors, and treat all opponents, as I would like to be treated.
- I agree to display control, respect, dignity, and professionalism to all involved in our sport.
- I agree to respect and never openly or directly or on social media challenge the decisions of Referees and Officials.
- I agree to win with humility – lose with dignity.
- I agree to ensure strict compliance with the relevant Anti-Doping regulations at all times, including notification of any Therapeutic Use Exemption (TUE) certificates within required timelines, and any Out- of-Competition Testing processes that may be applied or requested at any time.
- I agree to comply with all applicable Laws and Regulations of the host country and of Singapore.

4.3 Code of Conduct for Technical Officials

- I fully undertake my role as an ambassador and role model for my Affiliate/Associate member organisation, SLSS and Singapore before, during and after any event in which I participate.
- I will uphold the highest standards of integrity and ethics, promoting fair play, honesty, and respect for fellow athletes, coaches, officials and competitors.
- I will conduct myself to the highest possible standards of behaviour at all times.
- I will not comment publicly or through social media about any selection decisions before, during or after the Selection process.
- I will respect all decisions made by the Selection Panel and/or the relevant SLSS officers.
- I will attend all relevant trainings, briefings and competitions as required of my appointment.
- I agree to operate within the rules and the spirit of lifesaving sport.
- I agree to observe the Technical Officials Code of Conduct, Fair Play Code and Code of Conduct for Lifesaving Sport, as included in the ILS Competition Rule Book.

- I agree to respect all competitors, team managers, coaches, officials and volunteers as I would like to be treated.
- I agree to display control, respect, dignity, and professionalism to all involved in our sport.
- I agree to respect and never openly or directly or on social media challenge the decisions of Referees and Officials.
- I agree to comply with all applicable Laws and Regulations of the host country and of Singapore.

4.4 Social Media

Responsible and respectful use of social media is encouraged, but those who use such media must understand that any comments that they make or pictures or videos that they publish, even if they are intended as private comments or pictures, may be seen by people who may take offence at what they read or see or may cause offence to those who feature in the communication. Even if the comment or picture is not intended to cause offence, it is the person reading or seeing it who may feel offended. Privacy settings on these accounts are not infallible and comments and pictures may often be seen by anybody. Irresponsible, discourteous or offensive use of social media will be seen as a breach of this code of conduct. This in particular includes the use of accounts that are restricted to private users like email, WhatsApp and other similar encrypted messaging platforms.

Responsible use is encouraged and helps to inform those who cannot attend an event, how the team is faring in the competition. All involved in any capacity with the National Team must not use social media to:

- Make comments about team selection issues.
- Make comments or publish media that may be deemed as disrespectful to SLSS, competition event organisers and officials or aspiring athletes who are or were involved in selection.
- Make comments or publish pictures that may be deemed as disrespectful about any member of the National Team Selection panel or the process used for selection.
- Make comments or publish media that may be deemed as disrespectful of fellow team members.
- Make comments or publish media that may be deemed as disrespectful of the event host organisers.
- Make comments or publish media that may be deemed as disrespectful of other teams or their members.
- Make comments or publish media that may be deemed as disrespectful of any competition Referee or official.
- Post any comment or publish any media that would bring SLSS into disrepute.

4.5 Breach of Code

Breach of this code of conduct may result in automatic exclusion from current or future National Lifesaving Team activity and may result in further action at the exclusive discretion of SLSS. If disciplinary action is taken by SLSS, the outcome may be shared with the Athletes respective Affiliate/Associate member organisation.

A serious breach of this Code by a team member during an event may result in the immediate suspension from the Team and the team member suspended shall take no further part in that event. The above decision shall be determined by the Team Management at the event. Any further action shall be agreed by the Disciplinary Panel after consultation with SLSS Exco and the team member advised. If the Team Manager/Coach commits a serious breach of this Code, the Team Manager/Coach shall step down immediately and a suitable candidate within the Team as appointed by the SLSS Sports Commission shall take on the role, responsibilities and duties until a replacement Team Manager/Coach is appointed by the Selection Panel.

Anyone found in breach of this Code will be given an opportunity to present their case to a formal hearing, but this does not override a suspension at an event (as described above) when a formal hearing may be delayed to after the event. Any appeal against disciplinary decisions must be made in writing to the Chair of the Disciplinary Panel within 14 days of the decision being made citing the justification for the appeal. Any appeal will be heard by an independent panel appointed by Exco at the earliest opportunity.

Declaration: The Team Member agrees to this code of conduct by signing the Team Agreement. The Team Manager is responsible to ensure each Athlete and their Parent/Guardian (if under the age of 18) has read and understands the Code of Conduct and Team Agreement. In the case of an Athlete under the age of 18, it is the entire responsibility of the Parent/Guardian to ensure that the Athlete who they are responsible for has read and understands the Code of Conduct and has given an undertaking to their Parent/ Guardian to abide by it. By signing the Team Agreement on behalf of the Young Person, the Parent/Guardian is confirming that they have taken this action.

5. Team Agreement

- (a) I agree to the National Team and Selection Policy and agree to adhere to the Code of Conduct.
- (b) I acknowledge and agree to abide by the rules and regulations set forth by the Singapore Life Saving Society and any relevant governing bodies, including the Singapore National Olympic Council, both during training and competition, while representing the National Lifesaving Team of Singapore.
- (c) I undertake to indemnify Singapore Life Saving Society and its officers against all claims, losses, demands, actions, suits, proceedings, costs and expenses whatsoever which may be taken or made against Singapore Life Saving Society and its officers or incurred or become payable by Singapore Life Saving Society and its officers in respect of any injury (whether fatal or otherwise) to me which may arise, howsoever caused, even due to carelessness or negligence during the course of my appointment in the National Team. Any injury suffered or damage or loss sustained by me during my appointment in the National Team which may arise as a result of my own or any other person's carelessness or acts of negligence shall not give rise to claim, for damages in tort.
- (d) I consent to the collection, use and disclosure of my personal data by Singapore Life Saving Society for purposes related to my selection, appointment and all other matters relating to the National Team.
- (e) I declare that all information I have provided is correct and true.
- (f) I understand that any breach of this Agreement may lead to expulsion from the National Team and withdrawal of all related privileges.
- (g) This Agreement shall remain in effect from the date of signing until dismissal by the Team Manager after arrival back in Singapore after completion of the Lifesaving World Championships 2024 – National Teams Championships.

Name and Signature of candidate:	Date:
Role of candidate in the National Team: <i>(Please circle)</i> Team Manager / Team Coach / Athlete	
Name and Signature of Parent/Guardian: (If candidate is under 18 years old)	Date:
Name and signature of Witness:	Date: